

Judy Center Early Learning Hub Newsletter

September



back to school

Helpful Tips



Routines Matter!



Routines are an important part of your child's growth and development.

Routines help your child learn self control, safety, social skills, and how to cope with transitions.

Routines should be consistent and predictable.

Quick Tips for Setting Routines:

- Identify the Routines - What is something important that we have to do each day? (For Example: brush teeth)
- Explain the Routines - What do we do and how? (Picture reminders and practice help.)
- Follow the Routines - Consistency is Key! (Try to stick to your routines.)
- Use Consequences - Use specific praise for following routines or gain privileges when followed.

About Us



JUDY CENTER
EARLY LEARNING HUB

The Judy Center Early Learning Hubs of Washington County are located in Ruth Ann Monroe Primary, Bester Elementary, and Emma K. Doub Elementary. Here at the Judy Centers we work with families to promote school readiness from Birth to Five years old. We look forward to seeing you!

Contact Us



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Routines



What routines does your family have in place?
Try this bedtime routine for a few weeks
to see how it helps!



Clean Up Toys



Shower/Bath



Put on Pajamas



Brush Teeth

Read a Book



(Just 5 minutes is all you need!)



Say Goodnight!



Send us a picture!
Find the Judy Center of
Washington County on Facebook.



Agency Spotlight



Children in Need

Hello Families! If your child is in need of shoes, visit Children in Need and fill out an application to come to the "One Foot Up" shoe give away.



(To become a client, stop by Children in Need and fill out an application.)

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